

Food Detective tests (59 foods) your reaction to following foods:

Cereals	Corn, Durum Wheat, Gluten, Oats, Rice, Rye, Wheat
Nuts and Beans	Almond, Brazil Nut, Cashew, Cocoa Bean, Peanut, Legume Mix (pea, lentil, haricot), Soya Bean, Walnut
Meats	Beef, Chicken, Lamb, Pork
Fish	Freshwater Fish Mix (salmon, trout), Shellfish Mix (shrimp, prawn, crab, lobster, mussel), Tuna, White Fish Mix (haddock, cod, plaice)
Vegetables	Broccoli, Cabbage, Carrot, Celery, Cucumber, Leek, Peppers (red, green, yellow), Potato
Fruits	Apple, Blackcurrant, Grapefruit, Melon Mix (cantaloupe, water melon), Olive, Orange & Lemon, Strawberry, Tomato
Other	Egg (whole), Cow's Milk, Garlic, Ginger, Mushroom, Tea, Yeast